

Wellness K-10

Proposed Curriculum

May 16, 2017

Board of Education Meeting

Primary Goals of Curriculum Revisions

Align with the State Standards

Create curriculum documents that provide clarity, detail & accountability

Ensure rigor & relevancy for all students



Standards vs. Curriculum

Standards

- Developed at the national or state level
- Expectations for learning written as statements
- Detail the concepts & skills students are expected to know & be able to do
- Do not define remediation or advanced work

Standards vs. Curriculum

continued

Curriculum

- Designed locally
- Specifies what students will learn at each grade level or course
- Specifies the units & pacing of instruction
- Details types of assessments used to determine mastery of the content
- Indicates what primary materials & resources will be used to support teaching & learning

Avon's Use of Standards

Specify what students should know & be able to do at the end of each grade level or course

Are broken out among the units

Are all covered over the course of the year

Only those assessed are listed in a unit

Some are woven through all units & are assessed in multiple ways

Avon's Curriculum Design

Long-term transfer goals, understandings, essential questions & acquisition of knowledge & skills define the standards for Avon

Focused on providing students with a greater depth of knowledge

Skills & understandings applied within the context of a theme, idea or activity

Application of skills in authentic, real world contexts

Standards: Guiding Document

Connecticut Healthy & Balanced Living Curriculum
Framework (2006)

- Comprehensive School Health Education
- Comprehensive Physical Education

Comprehensive School Health Education Standards

- Core Concepts
- Accessing Health Information
- Self-Management of Healthy Behaviors
- Analyzing Internal & External Influences
- Communication Skills
- Decision-Making Skills
- Goal-Setting Skills
- Advocacy Skills

Comprehensive Physical Education Standards

- Motor Skill Performance
- Applying Concepts & Strategies
- Engaging in Physical Activity
- Physical Fitness
- Responsible Behavior
- Benefits of Physical Activity

Curricular Outcomes

- Develop skills, knowledge & concepts needed to make appropriate decisions to create a healthy & balanced life
- Communicate effectively based on purpose, task & audience using appropriate vocabulary & body language
- Access, evaluate & use information from various sources to deepen understanding of a given topic
- Advocate based on personal needs (academic, behavioral, emotional & physical) to determine an appropriate solution
- Identify a goal, determine an appropriate plan, evaluate its effectiveness & make appropriate adjustments

Next Steps

Continue fine tuning lesson plans & assessments

Continue to strengthen the K-10 articulation to ensure increased complexity in knowledge & skills

Place on next BOE agenda for approval