

- Today is Thursday, May 7. We are following the A day [schedule](#).
- **"Believe you can and you are halfway there."** - Theodore Roosevelt. Submitted anonymously by an AHS staff member.
- **Student Government** will be hosting **"Community Appreciation Day"** this week as an opportunity to thank those in your life who have been going above and beyond. Send us a quick 10 second video of you saying thank you to someone who has been an everyday hero during this unprecedented time. This could be a family member, friend, or acquaintance who is working as a nurse, grocery store worker, doctor, police officer, or someone who has been there for you during these tough times. Additionally, many families have taken to putting signs with red hearts in their windows or in their front yard. Send us a picture of your heart to be included in the video.

All videos and photos can be sent to hayesa20@avon.k12.ct.us. Once the video is completed, the student government will randomly select 3 video participants *and* the people that they are thanking to receive gift cards to local businesses.

Video entries can be submitted until 5pm on Saturday, May 9th.

- May 4-8 is Teacher Appreciation Week. Consider sending a brief email to any of your teachers, past or present, to express your appreciation.
- *My third grade teacher, Mrs. Rupinski, used to make us popcorn in her old-school corn-popping machine every Friday. She set up topping "stations" around the classroom so we could pick salt, butter, or even melted caramel to put over the popcorn. Then she'd read to us from a book of our choice. Simple but fantastic to an eight year old. - Mr. Dorr, English teacher.*
- Do you have a **favorite memory of a teacher** that you want to share? Please complete the [Google form](#). Click [here](#) if you want to see what others have shared. (New entries are at the top.)
- Need extra help? Let your teacher know during class, send an email with your question, or set up a time to "meet" to get your questions answered.
- Stay healthy and keep making good decisions.

| Date | Day | Notes |
|-------------------------|-----|-------|
| Friday, May 8, 2020 | B | |
| Monday, May 11, 2020 | A | |
| Tuesday, May 12, 2020 | A | |
| Wednesday, May 13, 2020 | B | |
| Thursday, May 14, 2020 | A | |