

## ATHLETIC TRAINER BIO

Justin LeDuc is a native of Southington, CT and a 1995 graduate of Springfield College and completed his educational requirements for athletic training certification at Central Connecticut State University. He performed high school athletic training internships at Avon High School and Avon Old Farms. While completing the educational requirements he gained collegiate experience with the UCONN Football Team and the University of Hartford's Men's and Women's Soccer Team, Volleyball, Baseball and Men's Lacrosse Teams.

Justin began his certified athletic training career with Physical Therapy and Sports Medicine Associates in Avon and served as the Athletic Trainer at Avon High School from 1997-2000. Justin served as a Graduate Athletic Trainer at the University of Hartford providing services to the Men's Soccer and Women's' Softball Teams during the 2001-2003 academic years. He furthered his collegiate career spending four years as an assistant athletic trainer and was promoted to Associate Head Athletic Trainer at Division 1 Tulane University. While at Tulane he was responsible for the medical care of the Football Team, in addition he assisted with the 2004 NCAA Women's Basketball Final Four, 2006 USA Volleyball Championship and the 2007 NCAA Men's Basketball 1<sup>st</sup> and 2<sup>nd</sup> rounds. While at Tulane he worked with several NFL draft picks. J.P Losman (1<sup>st</sup> Round Buffalo Bills), Matt Forte (2<sup>nd</sup> Round Chicago Bears), Mewelde Moore (4<sup>th</sup> Round Minnesota Vikings), Roydell Williams (4<sup>th</sup> Round Tennessee Titans), Troy Kropog(4<sup>th</sup> Round Tennessee Titans), Anthony Cannon (7<sup>th</sup> Round Detroit Lions), along with several athletes that continue their playing careers in the Canadian and Arena Football Leagues. Justin returned to Connecticut in 2007 and served as the Head Athletic Trainer at Trinity College in Hartford for 10 seasons. Also strength and conditioning coach he has coached at the University of Hartford and the United States Naval Academy. He is a member of the National Athletic Trainers Association, and the National Strength and Conditioning Association.

He resides in Southington with his wife and two dogs. Personal interests include spending time with family, travel, participating in triathlon, and soccer.