



**Michael Renkawitz, Principal**  
**Dr. Eileen F. O'Neil, Assistant Principal**  
**Dr. Diana DeVivo, Assistant Principal**  
**Timothy P. Filon, Coordinator of Athletics**

Dear Avon High School Parents,

July 13, 2020

Under the direction from the state of Connecticut, the state departments of Education and Public Health, the Connecticut Interscholastic Athletic Conference (C.I.A.C), and the Superintendent of School, Avon Public Schools has targeted July 20, 2020, as the date in which Avon High School Athletics can return to formal, voluntary in-person conditioning of athletes. Fall programs that have elected to host these on-site conditioning sessions for student-athletes will be doing so with enhanced procedures to ensure the well-being of all student-athletes and coaches. This is the first of what we hope is a successful step, in returning to play this fall. However, the decision is a complicated one and will require all involved to follow several precautions and procedures to ensure the safety of themselves and others.

The health and safety of all students and staff is our number one priority. As we begin this first step of a return to play, adhering to social distancing guidelines is essential. Information will be shared with more specific details regarding social distancing, the proper use of face masks or cloth coverings, enhanced sanitation, and cleanliness procedures. Student-athletes and coaches will be expected to maintain six feet of space between one another when not participating in conditioning drills. Coaches will work to ensure proper spacing of student-athletes during conditioning drills as well. It is also expected that student-athletes and coaches arrive and depart from conditioning sessions on-time, and do not linger or congregate in groups. We ask parents/guardians to assist with this by dropping-off and picking-up student-athletes at designated entrances to facilities in a timely manner.

All student-athletes who participate in these voluntary conditioning sessions must adhere to the following, face masks must be worn upon arrival and departure and whenever traveling between facilities. Facemasks will not be worn during the period of aerobic or anaerobic workouts, to ensure student-athletes do not have restricted air-flow. All student-athletes are required to bring their own water bottle. Appropriate clothing must also be worn for the entirety of the training session. It is also recommended that student-athletes bring hand sanitizer to apply at various points during training sessions. Finally, student-athletes should follow proper hygiene protocol before and after all athletic activities.

As we have more information, it will be communicated to you. Please remember that all dates and guidelines are subject to change at any time.

Thank you for your support as we work diligently to keep all safe and healthy.

Regards,

Timothy Filon  
Avon High School Athletic Director

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Avon High School is a student centered community that empowers each member to engage in authentic and substantive learning, develop effective leadership, and demonstrate humane character.