

## NOTICE OF RISK

I, \_\_\_\_\_, understand that my child \_\_\_\_\_ has the opportunity to participate in voluntary in-person athletic team conditioning at Avon High School. These athletic conditioning sessions will take place on school grounds and will be provided consistent with current applicable health and safety guidance from federal, state and local authorities. I understand that the choice to have my child participate in this in-person activity is voluntary. Before my child will be permitted to participate in in-person athletic conditioning, the School requires that I read the information in this Notice of Risk and sign below to ensure that I am informed of and understand the COVID-19 related risks associated with this activity.

### INFORMATION ABOUT COVID-19

COVID-19 is an illness caused by a virus that can spread from person to person. The symptoms of COVID-19 can range from mild to severe, appearing 2-14 days after exposure to the virus and may include, among other symptoms, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. Some individuals with COVID-19 may not show symptoms and it may be spread even by people who are not displaying signs of illness. Because of its highly contagious and sometimes “hidden” nature, I understand that it is currently very difficult to control the spread of COVID-19 or to determine whether, where, or how a specific individual may have been exposed to the disease.

COVID-19 is a new disease and there is limited information regarding risk factors. Based on current information, people who are 65 years or older or people of any age with underlying medical conditions (such as chronic lung disease, moderate to severe asthma, serious heart conditions, severe obesity, diabetes, chronic kidney or liver disease, or those who are immunocompromised) are at higher risk of experiencing severe illness as result of COVID-10. At this time, Students living in households with individuals who are 65 years of age and older and/or with individuals who have higher risk for severe illness from COVID-19 (such as people with underlying medical conditions) are recommended to stay home.

There is currently no vaccine to prevent COVID-19. Due to its highly contagious nature, it is possible that contact with others, as well as with surfaces that have been exposed to the virus, can lead to infection. The best way to prevent illness is to avoid being exposed to the virus that causes COVID-19. The Centers for Disease Control (CDC) currently advises that individuals stay home as much as possible and avoid close contact with others and engage in social distancing. The CDC further advises people to wear a cloth face covering in public settings, particularly when social distancing is not possible; to lean and disinfect frequently touched surfaces; and to wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer.

The athletic department has put protocols and preventative measures in place that are consistent with applicable recommendations from public health officials and other federal, state and local agencies. These safety measures include, but are not limited to, requiring cloth face masks, social distancing, regular handwashing, avoiding the use of shared items and mandating regular screening of participants. Despite these protective measures, however, it remains possible for a student

participating in the athletic department's in-person conditioning program to become infected with COVID-19 or to infect others, even if a student is asymptomatic.

**Additional information regarding COVID-19 is available on the following websites or upon request from the School:**

- CDC's website at <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- CT Department of Public Health website at <https://portal.ct.gov/Coronavirus>

### INFORMED CONSENT

In signing below, I attest that I am the parent/guardian of the above named student and that I have read the Notice of Risk and understand that the COVID-19 related risks associated with my child participating in the school-sponsored activity described above. I further understand that the School is closely monitoring this situation and reserves the right to end in-person school programming and services at any time. In addition, I also acknowledge that the health and safety risks posed by COVID-19 cannot be completely eliminated, despite the implementation of reasonable and age-appropriate precautions and protocols. Finally, given the unknown nature of COVID-19, I understand that it is not possible to fully list each and every specific risk associated with COVID-19 and that neither Avon Public Schools nor public health officials can guarantee that any student participating in on-campus athletic team conditioning on school grounds will not come into contact with someone with COVID-19 and/or contract such illness.

By opting to allow my child to participate in the above activity, I agree to abide by, and reinforce with my child, the importance of following the health and safety protocols that the School may require. I understand that promoting public health is a shared responsibility and that every member of the School community must do their part to minimize risks.

**I HAVE READ AND UNDERSTAND THE INFORMATION ABOUT COVID-19 AND CONSENT TO MY CHILD PARTICIPATING IN IN-PERSON PROGRAMMING.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Student Name

20-21 Grade: \_\_\_\_\_

Fall Sports Program: \_\_\_\_\_