

# Community Resource Guide

**Avon, CT Social Services Department**

60 West Main Street, Avon, CT 06001

<http://www.avonct.gov/social-services/pages/mental-health-addiction-resource>

Suzie Alexe, Youth Services Coordinator for Avon 860-409-4394

**Addiction Specialists:**

William Boylin, Ph.D.

6 Way Rd, Middlefield, CT 06455

Family therapist with a specialization in addiction.

860-349-7033 or 860-262-6339

Samuel Silverman, M.D.

2446 Albany Ave., West Hartford, CT 06117

860-523-8830

**AIDS Project, Hartford**

Offers hotline and support services for those who have tested HIV positive

[www.aids-ct.org](http://www.aids-ct.org)

860-247-2437

**Cancer Support**

Cancercare

[www.cancercare.org](http://www.cancercare.org)

1-800-813-HOPE

**Clinics and Counseling Centers:**

Jewish Family Services

333 Bloomfield Ave A, West Hartford, CT 06117

Crisis intervention and psychotherapy for families and children

[www.jfshartford.org/counseling](http://www.jfshartford.org/counseling)

860-236-1927

Wheeler Clinic

91 Northwest Drive, Plainville, CT 06062

[www.wheelerclinic.org/services](http://www.wheelerclinic.org/services)

860-793-3500

Services for Adults, Children, Adolescents, and Families Services for Adults Include:

• Substance Abuse Counseling • Eating Disorders • Mental Health Consultation for Children and Families.

**Crisis Hot Lines:**

Info Line phone number - 211 Hartford, CT

Offers immediate professional counseling and assistance to callers in crisis.

[www.uwc.211ct.org/mental-health-crises-intervention-services-connecticut/](http://www.uwc.211ct.org/mental-health-crises-intervention-services-connecticut/)

State of CT., Child Protection Agency Hotline

1-800-842-2288

[www.ct.gov/dcf/](http://www.ct.gov/dcf/)

**Divorce Support Groups:**

First Church of Christ

250 Main Street, Wethersfield, CT

860-529-1579, X211

[www.firstchurch.org/ministries/caring-and-support/divorce-care](http://www.firstchurch.org/ministries/caring-and-support/divorce-care)

Colonial Point Christian Church

855 Chapel Road, South Windsor, CT

860-610-0822

[www.colonialpoint.com](http://www.colonialpoint.com)

**Drugs / Alcohol:**

Al-Anon

[www.ctalanon.org/meetings/meetings-by-town](http://www.ctalanon.org/meetings/meetings-by-town)

Families Anonymous

Elmwood Community Church

26 Newington Road, West Hartford, CT

860-614-8200

<http://www.familiesanonymous.org/image/data/WSOF07USDir2017.pdf>

Narcotics Anonymous

Support group to help drug dependent people recover and maintain a drug free life.

800-627-3543

<http://ctna.org/>

**Eating Disorders:**

Institute of Living

Hartford, CT

Cheryl Grezlik, LCSW

860-45-7878

[cheryl.grezlik@hhchealth.org](mailto:cheryl.grezlik@hhchealth.org)

Maine & Weinstein Specialty Group

Margo Maine, Ph.D. and Robert Weinstein, Ph.D.

Corporate Center West

433 South Main Street, Ste. 327, West Hartford, CT 06110

860-313-4431

<http://mwsg.org/>

**Family Service Agencies:**

Department of Children and Families (DCF)

800-842-2288

[www.portal.ct.gov/dcf](http://www.portal.ct.gov/dcf)

Jewish Family Services of Greater Hartford

333 Bloomfield Ave., West Hartford, CT 06117

860-236-1927

<http://jfshartford.org/>

Juvenile Court

20 Franklin Square, New Britain, CT 06051

860-515-5165

Wheeler Clinic  
91 Northwest Drive, Plainville, CT  
[www.wheelerclinic.org/services](http://www.wheelerclinic.org/services)  
860-793-3500

The Village of Families and Children  
1680 Albany Ave., Hartford, CT 06105  
860-236-4511  
[www.thevillage.org](http://www.thevillage.org)

**Gender Identity:**

Hartford Gay and Lesbian Health Collective  
1841 Broad Street, Hartford, CT 06114  
860-278-4163  
<https://www.hglhc.org/our-causes>

True Colors, Inc.  
30 Arbor Street, Ste. 201A, Hartford, CT 06106  
860-232-0050  
<http://www.ourtruecolors.org>

**Grief Counseling:**

The Cove  
250 Pomeroy Ave., Ste. 107, Meriden, CT 06450  
A support program for grieving children and their families.  
203-634-0500  
<http://www.covect.org/>

**Mental Health Counseling and Resources:**

The Bridge Family Center - Provides children, adults, and families with counseling services.  
1022 Farmington Ave., West Hartford, CT 06107  
860-521-8035  
<http://www.bridgefamilycenter.org/>

Beacon Behavioral - A broad range of clinical and consultation services to individuals, families, couples and organizations.

40 Dale Road, Avon, CT 06001

860-676-9350

<http://www.beaconbehavioral.com/>

Educational And Developmental Consultants, LLC - Consultation is provided within the fields of Special and Regular Education, differential diagnostics, child/adolescent & young adult development.

P.O. Box 418, Avon, CT 06001

Mary Himmelstein

860-558-7050

Farmington River Mental Health Specialists, LLC - Individual/group & family therapy for a wide range of mental health issues.

Debra M. Carroll, LCSW

James Dziekan, LCSW

46 West Avon Rd., Ste. 204, Avon, CT 06001

860-309-9156

Jackie Alexander, Educational Therapist

244 Farms Village Road, Suite N, West Simsbury, CT 06092

860-408-1595

<http://www.jackiealexander.com/contact.html>

Naomi Amaya, Psy.D., Clinical Psychology

846 Farmington Ave., #11, West Hartford, CT

860-236-7333

Jeffrey Asmar, LCSW, Individual and Family Therapy

10 Forest Park Drive, Farmington, CT 06032

860-284-9434

Children with depression, ADHD, anxiety, behavior issues, works closely with parents.

[www.jeffreyasmar.com](http://www.jeffreyasmar.com)

Juris I. Berzins, Ph.D., Full range of human crises and challenges

91 South Main St., West Hartford, CT 06107

860-521-2515

Works with ages 11 and up, addictions, eating disorders, trauma.

Kathleen A. Chapman, Ph.D. - Addiction Medicine  
674 Prospect Ave., Hartford, CT 06105  
860-233-6228

The Center for Children with Special Needs - Specializing in the diagnosis, evaluation, and treatment of children, adolescents, and adults with complex developmental disabilities.

Dr. Michael Powers  
2300 Main Street, Glastonbury, CT 06033  
860-430-1762  
<http://www.ccsnct.org/>

Connecticut Pediatric Neuropsychology Associates - Pediatric Neuropsychology  
300 Hebron Avenue, Glastonbury, CT 06033  
Gary Isenberg, Psy.D.  
Greg Javornisky, Ph.D.  
860-633-8155  
<https://ctpedineuro.com/>

Mitchell Danitz, Ph.D. - Clinical Psychologist  
45 South Main St., #110, West Hartford, CT 06107  
860-231-7227

Susan Engle, LCSW - Specializes in adoption  
30 Tower Lane, Avon, CT 0001  
860-269-3104

Bruce M. Freedman, Ph.D., Family Psychology  
6 Northwestern Dr., Ste. 306, Bloomfield, CT 06002  
860-242-3702  
[brushrink@gmail.com](mailto:brushrink@gmail.com)

Laura J. Ginther, Psy.D. - Clinical Psychologist  
1007 Farmington Ave., Ste. #15, West Hartford, CT 06107  
860-231-9189  
Works primarily with middle and high schoolers but will work with kids 4 and up.

Jeanne Kleinman, M.S.W. - Family Counseling  
10 Forest Park, Farmington, CT 06032  
860-676-8375

Lisa Kuntz, Ed.D., Psychologist - Evaluation, assessment, and treatment of those with disabilities, particularly sensory and cognitive impairments  
784 Farmington Ave., West Hartford, CT 06119  
860-523-4450

Wilbur Nelson, Ph.D., Psychologist - Diagnostic, Mental Health Professional  
3 Northwestern Drive, Bloomfield, CT 06002  
860-243-3477

Christine O'Rourke-Lang, Ph.D. - Behavior Analyst  
(Avon resident)  
[corourke.lang@gmail.com](mailto:corourke.lang@gmail.com)  
860-523-9790

Family Resource Development Center  
Dan Weiner LPC- ADHD, Autism  
Geoff Genser, MSW - Child or Adolescent - Depression, Parent-Child Relational Problems  
Marc Lehman, MFT - Marriage and family therapist  
41 North Main St., #303, West Hartford, CT 06107  
860-838-4735  
[www.FRDCLLC.com](http://www.FRDCLLC.com)

Elizabeth Rhinehart, Ph.D., Clinical Psychologist  
805 Farmington Ave., West Hartford, CT 06119  
860-233-0206

Kathleen Sterner, Ph.D., Clinical Psychologist  
2446 Albany Ave, West Hartford, CT 06117  
860-232-2740

Leonard C. Suchotliff, Ph.D., Clinical Psychologist  
7 Chestnut Road, West Hartford, 06107  
860-216-6652

Kathleen Wawrzyniak Webb, Psy.D., Clinical Psychologist  
46 West Avon Rd., Avon, CT 06001  
860-878-2028

Works with kids and adults. Usually 3rd grade and higher. ADHD, anxiety, depression, specific phobia, stress management, parent education.

Gary Zachariah, Psy.D., Psychologist - Treatment of depression, anxiety disorders, psychological effects of medical illnesses, chronic pain, and psychological testing.

Psychological Health Associates

345 N. Main St., Ste. 302, West Hartford, 06117

860-233-9772

Lu Abbateamarco, LCSW - Children & Families, Pre- and Post-Adoption Issues

Jewish Family Services of Greater Hartford

333 Bloomfield Ave., West Hartford, CT 06117

860-716-0792

[labbatamarco@jfshartford.org](mailto:labbatamarco@jfshartford.org)

**Psychiatrists/Medication Prescribers:**

Susanne Femino, APRN- Psychiatric/Mental Health, Child & Adolescent

Institute of Living

200 Retreat Ave, Hartford, CT 06102

860-545-7717

Milind Kale, M.D. - Child & Adolescent Psychiatry

140 Glastonbury Blvd., Ste. 30

Glastonbury, CT 06033

860-561-5453

Lisa Karabelnick, M.D. - Psychiatric evaluations - Adolescent Specialist

68 South Main Street, West Hartford, CT 06107

860-521-3380

Amit Rathi, M.D. - A child, adolescent, & adult psychiatrist, treating a wide range of emotional, behavioral, and relational difficulties.

Connecticut Psychiatric Partners

345 N. Main St., Ste. 311, West Hartford, CT 06107

(860) 910-1088

Pamela Kurth, M.D. - Psychiatry, Pediatric Medicine

Psychological Associates

345 N. Main St., Ste. 302, West Hartford, CT 06117

(860) 233-9772

Jeffrey Landau, M.D. - Child & Adolescent Psychiatry  
682 Prospect Ave #7, Hartford, CT 06105  
(860) 305-0678

Richard Judd Miller, M.D. - Child & Adolescent Psychiatry  
3 Northwestern Drive, Bloomfield, CT 06002  
860-243-3477

### **Online LD, Executive Functioning, Behavioral Resources for Families**

<http://www.pbisworld.com/>

- executive functions & behavior

[www.socialthinking.com](http://www.socialthinking.com)

- executive functions, behavioral regulation

### **Pregnancy and Family Planning:**

Birthright  
914 Main St Suite 216, East Hartford, CT 06108  
860-290-8800  
<http://birthright.org/en/>

Planned Parenthood  
1030 New Britain Ave., West Hartford, CT 06110  
860-953-6201  
<https://www.plannedparenthood.org/health-center/connecticut/west-hartford/>  
Contraception, birth control, prenatal referral, pregnancy options  
Counseling. Cost: Sliding scale based on income.

### **Sexual Assault Services**

Women's Center for Psychotherapy  
West Hartford  
Offers counseling for individuals experiencing post-traumatic stress from sexual abuse. Sexual identity counseling also available  
860-523-4450  
<http://womens-center.com/>

Connecticut Alliance to End Sexual Violence (The Alliance)

1-888-999-5545 English

1-888-568-8332 Español

<http://endsexualviolencect.org/>

**Suicide Prevention**

Wheeler Clinic Help Line

Plainville, CT

Provides phone counseling to deter individuals from attempting suicide. 24 hours

860-524-1182