

Community Resource Guide

Avon, CT Social Services Department

60 West Main Street, Avon, CT 06001

<http://www.avonct.gov/social-services/pages/mental-health-addiction-resource>

Suzie Alexe, Youth Services Coordinator for Avon 860-409-4394

Addiction Specialists:

William Boylin, Ph.D.

6 Way Rd, Middlefield, CT 06455

Family therapist with a specialization in addiction.

860-349-7033 or 860-262-6339

Samuel Silverman, M.D.

2446 Albany Ave., West Hartford, CT 06117

860-523-8830

AIDS Project, Hartford

Offers hotline and support services for those who have tested HIV positive

www.aids-ct.org

860-247-2437

Cancer Support

Cancercare

www.cancercare.org

1-800-813-HOPE

Clinics and Counseling Centers:

Jewish Family Services

333 Bloomfield Ave A, West Hartford, CT 06117

Crisis intervention and psychotherapy for families and children

www.jfshartford.org/counseling

860-236-1927

Wheeler Clinic

91 Northwest Drive, Plainville, CT 06062

www.wheelerclinic.org/services

860-793-3500

Services for Adults, Children, Adolescents, and Families Services for Adults Include:

• Substance Abuse Counseling • Eating Disorders • Mental Health Consultation for Children and Families.

Crisis Hot Lines:

Info Line phone number - 211 Hartford, CT

Offers immediate professional counseling and assistance to callers in crisis.

www.uwc.211ct.org/mental-health-crises-intervention-services-connecticut/

State of CT., Child Protection Agency Hotline

1-800-842-2288

www.ct.gov/dcf/

Divorce Support Groups:

First Church of Christ

250 Main Street, Wethersfield, CT

860-529-1579, X211

www.firstchurch.org/ministries/caring-and-support/divorce-care

Colonial Point Christian Church

855 Chapel Road, South Windsor, CT

860-610-0822

www.colonialpoint.com

Drugs / Alcohol:

Al-Anon

www.ctalanon.org/meetings/meetings-by-town

Families Anonymous

Elmwood Community Church

26 Newington Road, West Hartford, CT

860-614-8200

<http://www.familiesanonymous.org/image/data/WSOF07USDir2017.pdf>

Narcotics Anonymous

Support group to help drug dependent people recover and maintain a drug free life.

800-627-3543

<http://ctna.org/>

Eating Disorders:

Institute of Living

Hartford, CT

Cheryl Grezlik, LCSW

860-45-7878

cheryl.grezlik@hhchealth.org

Maine & Weinstein Specialty Group

Margo Maine, Ph.D. and Robert Weinstein, Ph.D.

Corporate Center West

433 South Main Street, Ste. 327, West Hartford, CT 06110

860-313-4431

<http://mwsg.org/>

Family Service Agencies:

Department of Children and Families (DCF)

800-842-2288

www.portal.ct.gov/dcf

Jewish Family Services of Greater Hartford

333 Bloomfield Ave., West Hartford, CT 06117

860-236-1927

<http://jfshartford.org/>

Juvenile Court

20 Franklin Square, New Britain, CT 06051

860-515-5165

Wheeler Clinic
91 Northwest Drive, Plainville, CT
www.wheelerclinic.org/services
860-793-3500

The Village of Families and Children
1680 Albany Ave., Hartford, CT 06105
860-236-4511
www.thevillage.org

Gender Identity:

Hartford Gay and Lesbian Health Collective
1841 Broad Street, Hartford, CT 06114
860-278-4163
<https://www.hglhc.org/our-causes>

True Colors, Inc.
30 Arbor Street, Ste. 201A, Hartford, CT 06106
860-232-0050
<http://www.ourtruecolors.org>

Grief Counseling:

The Cove
250 Pomeroy Ave., Ste. 107, Meriden, CT 06450
A support program for grieving children and their families.
203-634-0500
<http://www.covect.org/>

Mental Health Counseling and Resources:

The Bridge Family Center - Provides children, adults, and families with counseling services.
1022 Farmington Ave., West Hartford, CT 06107
860-521-8035
<http://www.bridgefamilycenter.org/>

Beacon Behavioral - A broad range of clinical and consultation services to individuals, families, couples and organizations.

40 Dale Road, Avon, CT 06001

860-676-9350

<http://www.beaconbehavioral.com/>

Educational And Developmental Consultants, LLC - Consultation is provided within the fields of Special and Regular Education, differential diagnostics, child/adolescent & young adult development.

P.O. Box 418, Avon, CT 06001

Mary Himmelstein

860-558-7050

Farmington River Mental Health Specialists, LLC - Individual/group & family therapy for a wide range of mental health issues.

Debra M. Carroll, LCSW

James Dziekan, LCSW

46 West Avon Rd., Ste. 204, Avon, CT 06001

860-309-9156

Jackie Alexander, Educational Therapist

244 Farms Village Road, Suite N, West Simsbury, CT 06092

860-408-1595

<http://www.jackiealexander.com/contact.html>

Naomi Amaya, Psy.D., Clinical Psychology

846 Farmington Ave., #11, West Hartford, CT

860-236-7333

Jeffrey Asmar, LCSW, Individual and Family Therapy

10 Forest Park Drive, Farmington, CT 06032

860-284-9434

Children with depression, ADHD, anxiety, behavior issues, works closely with parents.

www.jeffreyasmar.com

Juris I. Berzins, Ph.D., Full range of human crises and challenges

91 South Main St., West Hartford, CT 06107

860-521-2515

Works with ages 11 and up, addictions, eating disorders, trauma.

Kathleen A. Chapman, Ph.D. - Addiction Medicine
674 Prospect Ave., Hartford, CT 06105
860-233-6228

The Center for Children with Special Needs - Specializing in the diagnosis, evaluation, and treatment of children, adolescents, and adults with complex developmental disabilities.

Dr. Michael Powers
2300 Main Street, Glastonbury, CT 06033
860-430-1762
<http://www.ccsnct.org/>

Connecticut Pediatric Neuropsychology Associates - Pediatric Neuropsychology
300 Hebron Avenue, Glastonbury, CT 06033
Gary Isenberg, Psy.D.
Greg Javornisky, Ph.D.
860-633-8155
<https://ctpedineuro.com/>

Mitchell Danitz, Ph.D. - Clinical Psychologist
45 South Main St., #110, West Hartford, CT 06107
860-231-7227

Susan Engle, LCSW - Specializes in adoption
30 Tower Lane, Avon, CT 0001
860-269-3104

Bruce M. Freedman, Ph.D., Family Psychology
6 Northwestern Dr., Ste. 306, Bloomfield, CT 06002
860-242-3702
brushrink@gmail.com

Laura J. Ginther, Psy.D. - Clinical Psychologist
1007 Farmington Ave., Ste. #15, West Hartford, CT 06107
860-231-9189
Works primarily with middle and high schoolers but will work with kids 4 and up.

Jeanne Kleinman, M.S.W. - Family Counseling
10 Forest Park, Farmington, CT 06032
860-676-8375

Lisa Kuntz, Ed.D., Psychologist - Evaluation, assessment, and treatment of those with disabilities, particularly sensory and cognitive impairments
784 Farmington Ave., West Hartford, CT 06119
860-523-4450

Wilbur Nelson, Ph.D., Psychologist - Diagnostic, Mental Health Professional
3 Northwestern Drive, Bloomfield, CT 06002
860-243-3477

Christine O'Rourke-Lang, Ph.D. - Behavior Analyst
(Avon resident)
corourke.lang@gmail.com
860-523-9790

Family Resource Development Center
Dan Weiner LPC- ADHD, Autism
Geoff Genser, MSW - Child or Adolescent - Depression, Parent-Child Relational Problems
Marc Lehman, MFT - Marriage and family therapist
41 North Main St., #303, West Hartford, CT 06107
860-838-4735
www.FRDCLLC.com

Elizabeth Rhinehart, Ph.D., Clinical Psychologist
805 Farmington Ave., West Hartford, CT 06119
860-233-0206

Kathleen Sterner, Ph.D., Clinical Psychologist
2446 Albany Ave, West Hartford, CT 06117
860-232-2740

Leonard C. Suchotliff, Ph.D., Clinical Psychologist
7 Chestnut Road, West Hartford, 06107
860-216-6652

Kathleen Wawrzyniak Webb, Psy.D., Clinical Psychologist
46 West Avon Rd., Avon, CT 06001
860-878-2028

Works with kids and adults. Usually 3rd grade and higher. ADHD, anxiety, depression, specific phobia, stress management, parent education.

Gary Zachariah, Psy.D., Psychologist - Treatment of depression, anxiety disorders, psychological effects of medical illnesses, chronic pain, and psychological testing.

Psychological Health Associates

345 N. Main St., Ste. 302, West Hartford, 06117

860-233-9772

Lu Abbateamarco, LCSW - Children & Families, Pre- and Post-Adoption Issues

Jewish Family Services of Greater Hartford

333 Bloomfield Ave., West Hartford, CT 06117

860-716-0792

labbatemarco@jfshartford.org

Psychiatrists/Medication Prescribers:

Susanne Femino, APRN- Psychiatric/Mental Health, Child & Adolescent

Institute of Living

200 Retreat Ave, Hartford, CT 06102

860-545-7717

Milind Kale, M.D. - Child & Adolescent Psychiatry

140 Glastonbury Blvd., Ste. 30

Glastonbury, CT 06033

860-561-5453

Lisa Karabelnick, M.D. - Psychiatric evaluations - Adolescent Specialist

68 South Main Street, West Hartford, CT 06107

860-521-3380

Amit Rathi, M.D. - A child, adolescent, & adult psychiatrist, treating a wide range of emotional, behavioral, and relational difficulties.

Connecticut Psychiatric Partners

345 N. Main St., Ste. 311, West Hartford, CT 06107

(860) 910-1088

Pamela Kurth, M.D. - Psychiatry, Pediatric Medicine

Psychological Associates

345 N. Main St., Ste. 302, West Hartford, CT 06117

(860) 233-9772

Jeffrey Landau, M.D. - Child & Adolescent Psychiatry
682 Prospect Ave #7, Hartford, CT 06105
(860) 305-0678

Richard Judd Miller, M.D. - Child & Adolescent Psychiatry
3 Northwestern Drive, Bloomfield, CT 06002
860-243-3477

Online LD, Executive Functioning, Behavioral Resources for Families

<http://www.pbisworld.com/>

- executive functions & behavior

www.socialthinking.com

- executive functions, behavioral regulation

Pregnancy and Family Planning:

Birthright
914 Main St Suite 216, East Hartford, CT 06108
860-290-8800
<http://birthright.org/en/>

Planned Parenthood
1030 New Britain Ave., West Hartford, CT 06110
860-953-6201
<https://www.plannedparenthood.org/health-center/connecticut/west-hartford/>
Contraception, birth control, prenatal referral, pregnancy options
Counseling. Cost: Sliding scale based on income.

Sexual Assault Services

Women's Center for Psychotherapy
West Hartford
Offers counseling for individuals experiencing post-traumatic stress from sexual abuse. Sexual identity counseling also available
860-523-4450
<http://womens-center.com/>

Connecticut Alliance to End Sexual Violence (The Alliance)

1-888-999-5545 English

1-888-568-8332 Español

<http://endsexualviolencect.org/>

Suicide Prevention

Wheeler Clinic Help Line

Plainville, CT

Provides phone counseling to deter individuals from attempting suicide. 24 hours

860-524-1182